

Our Mission

*Beth Shalom is a House of Peace.
We worship the Lord,
Reach out to Sinners,
Teach Believers,
Care for the Needy, and
Encourage Each Other in the Lord.*

CHURCH CALENDAR & ANNOUNCEMENTS

Church School - Sunday 9:30am
Worship Service - Sunday 11:00am
Prayer & Bible Study – Wednesday 7:30pm

EVENTS FOR THE DECEMBER 2018

Saturday, 15th — *Shredder Day.*
*Starting at: 10:00am — Ending at:
1:00pm. Donation: \$10 – 3 Boxes*

Sunday, 16th — *The Congregation is
ask to donate Socks and Undergarment
for Men, Women and Children during
the month of December.*

Monday, 17th — *2nd Quarterly
Conference, 7:30pm — Ministry Team
Meeting following Quarterly
Conference*

Sunday, 23rd — *Mortgage Sunday,
Offering: \$100 — Church School
Christmas Program, 1:00pm*

Tuesday, 25th — *Christmas Day,
Offering \$20*

Monday, 31st — *Watch Night
Celebration, Mrs. Gaskin and the
YAMS will plan the Event starting at
6:00pm — New Year's Eve, Offering:
\$20*

Peace Benediction in E^b

Please don't worry about anything;
But pray and ask God for everything you
need. Always giving thanks and He'll give
you peace for your heart and mind.

And the peace of God
which surpasses all your understanding
will keep your heart and mind
in Christ Jesus the Lord.
*(Adapted from Philippians 4:6,7
Music by Darrell J. Gaskin)*

Contact Us

Phone: (301) 877-8097
Web: [www. Bethshalomamezion.org](http://www.Bethshalomamezion.org)
Facebook.com/bethshalomamezion

**BETH SHALOM AME ZION
CHURCH
DJG@BSAMEZ © 12.9.2018**



**Beth Shalom AME Zion
Church**
8100 Malcolm Road
Clinton, MD 20735



Share your plans with the Lord and you will
succeed. Proverb 16:3 (CEV)

The 4 Attributes of God's Christmas Gift *Peace – the 2nd Attribute*

Beth Shalom AME Zion Church

Rev. Dr. Darrell J. Gaskin, *Pastor*
Rev. Dr. Evalina Huggins,
Presiding Elder
Rt. Rev. W. Darin Moore,
Presiding Bishop
Mrs. Devieta C. Moore,
Missionary Supervisor

A Compassionate Ministry

Peace – the 2nd Attribute of God's Christmas Gift

1. Are you suffering from Holiday Stress?
2. What is stress? When is it bad?
3. Chronic/Traumatic Stress is a major contributor to poor health. It is linked to high blood pressure, diabetes, health disease and stroke. Stress compromises our immune system.
4. Health professionals offer a few remedies for stress: exercise, relax, set priorities, and stay connected.
5. God's Christmas gift gives us a way to manage stress. Peace (Isaiah 9:6-7a)
6. This birth announcement was given to those who were in distress to encourage them. (Isaiah 9:1-2)
7. We receive this peace by meditating on his presence and his word (Isaiah 26:3), by praying regularly (Phil 4:6,7), and by taking on his yoke. (Matthew 11:28-29)



OUR BIBLICAL TEXT FOR TODAY

For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Of the greatness of his government and peace there will be no end. Isaiah 9:6-7a

Open God's Gift of Peace.

Nevertheless, there will be no more gloom for those who were in distress. In the past he humbled the land of Zebulun and the land of Naphtali, but in the future, he will honor Galilee of the nations, by the Way of the Sea, beyond the Jordan — The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned. Isaiah 9:1,2

³You will keep in perfect peace those whose minds are steadfast, because they trust in you. ⁴Trust in the Lord forever, for the Lord, the Lord himself, is the Rock eternal. Isaiah 26:3-4

²⁸"Come to me, all you who are weary and burdened, and I will give you rest. ²⁹Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Matthew 11:28-29

*Our Prayer is that
You Receive God's Peace
through*

**P – Powerful Preaching
E – Excellent Teaching
A – Awesome Praise and
Worship
C – Creative Ministry
E – Engage, Exciting and
Effervescent Fellowship.**

God's Christmas gift to us has four attributes. The second attribute is Peace. Chronic stress and anxiety can ruin an otherwise pleasant day. It also can ruin our health by causing chronic diseases like high blood pressure and diabetes. God announce the birth of Jesus Christ as a sign to give us Peace. He has the wisdom, the power and position to care for us. He is Prince of Peace. Because Christ is our savior, we are better able to manage stress that negatively impacts our lives. We can have God's peace if we 1) keep our minds stayed on Jesus, 2) regularly pray about the things that concern us and 3) cast our worries and cares on Christ and take on his yoke and receive the rest for our souls. If we make life about his agenda (i.e. his yoke) instead of our own agenda, life will become less stressful because we know he is helping us achieve his goals for us.

WHAT SHOULD I DO WITH THIS MESSAGE

1. Do the things health professionals recommend to manage stress: exercise, relax, set priorities and stay connected.
2. Read the Bible and pray daily.
3. Trade your agenda for God's agenda.